

Forest Bluff

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*10 Things to a New
You in the New Year*

Better Than *Perfect*

*Lake Forest's Dr. Elizabeth
Lombardo shares her strategies
for creating a life you love in 2015*

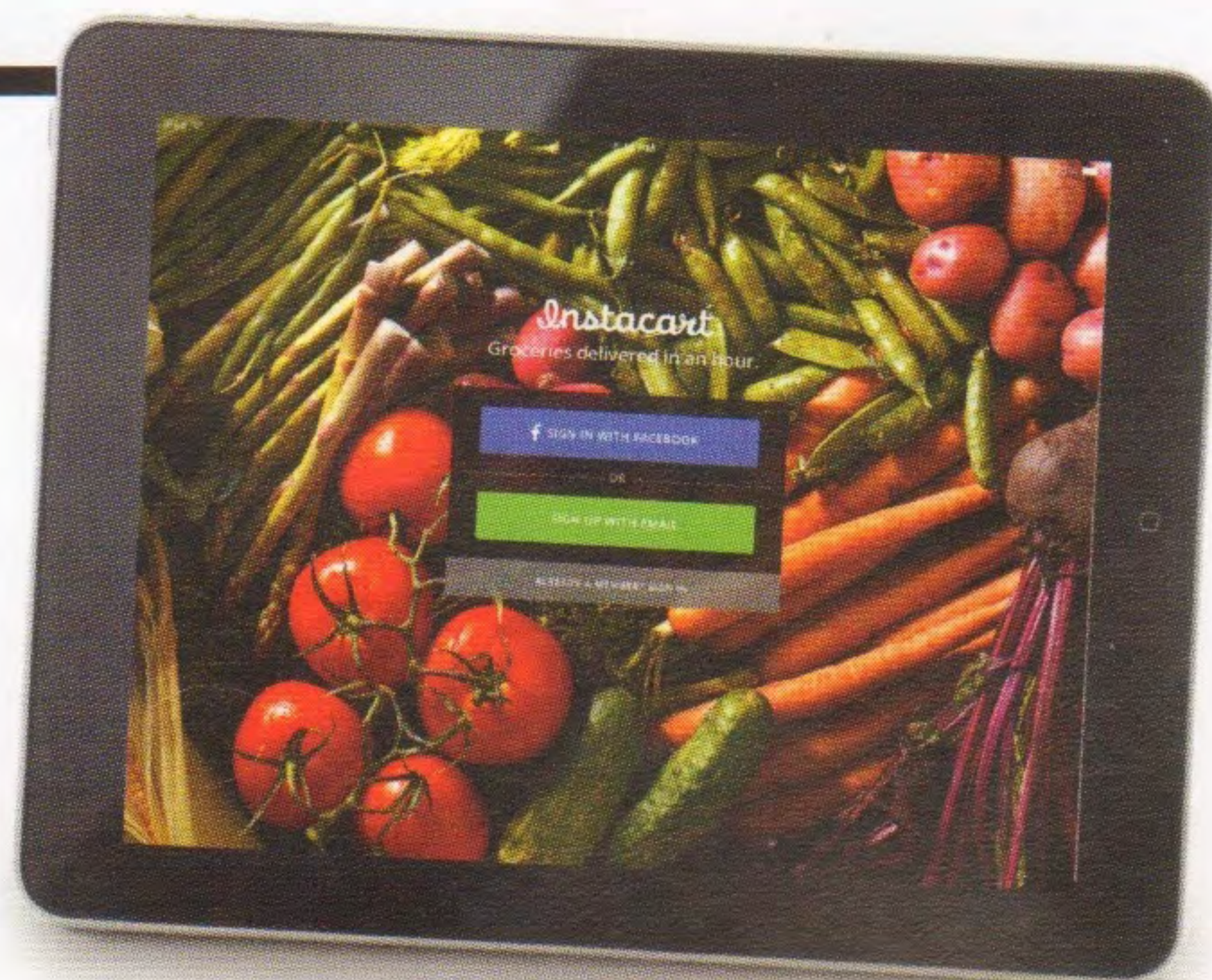
JWCMEDIA

LOVES

Order It

Too much on your plate this January? Let **Sunset Foods** help you out.

Sunset revamped their online grocery department and their eGrocer program, now powered by the grocery delivery service Instacart, allows you to grocery shop on the go using the store's online portal or a convenient app. An Instacart driver will deliver your order



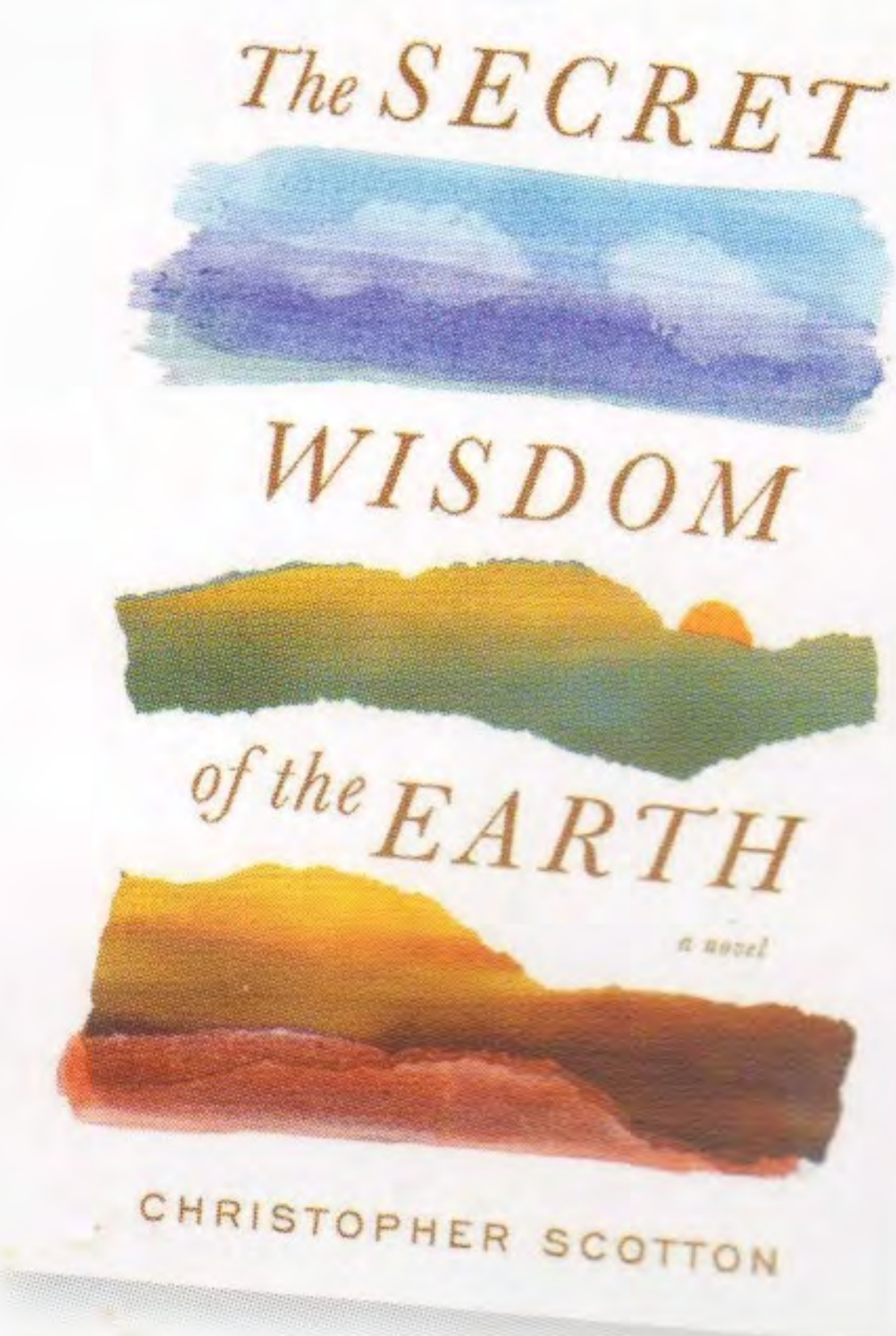
straight to your home or office at a time of your choosing. Sunset eGrocer Coordinator James McEneely says the new service is a great development for customers because of its low fees and numerous shopping options: aside from the site and the app, "you can call, you can text," and if you can't find an item you need, you can leave notes for the employees shopping your order. Crossing another errand off your busy list is definitely worth the \$3.99 delivery fee! *For more information, visit sunsetfoods.com and download the free Instacart app from the iOS store or from Google Play.*

Refresh It

Sometimes the best way to kick off the New Year is with a home improvement. The new **Galley Collection of Ideal Workstations (IWS)** satisfies the desires

of all who enjoy the art and activity of preparing a meal with family and friends, but don't want to compromise on aesthetic or space in the kitchen. Offered exclusively by **Hydrology**, the IWS is skillfully manufactured in America and boasts a design and functionality unparalleled in the marketplace.

Each stylish and smart IWS includes a 16-gauge stainless steel double-tier kitchen sink with the highest quality Angel Finish. The 10" deep reversible sink with side drain maximizes usable storage under the sink and allows for a convenient left or right side drain location. Accompanied by a state-of-the-art culinary kit of interchangeable accessories such as deluxe colanders, cutting boards, condiment, and appetizer serving boards, and drain racks, homeowners are well-equipped for every culinary and entertaining need. Each accessory, which is available in natural bamboo or restaurant-grade high-density white or black resin, easily slides above and below each other on the upper and lower tiers of the sink making preparing, serving, and cleaning up effortless, efficient, and enjoyable. If installed facing outward, the person preparing the meal can easily continue to entertain while cooking. Furthermore, the chef can invite others to join in the fun with the larger models allowing for multiple people to work comfortably side-by-side. With the IWS, your kitchen and lifestyle will be reinvented. What a way to start the new year! *Hydrology is located at 435 N. LaSalle Street in Chicago (one block northeast of the Merchandise Mart), 312-832-9000.*



Read It

After witnessing the death of his younger brother in a terrible home accident, 14-year-old Kevin and his grieving mother are sent for the summer to live with Kevin's grandfather. In this peeled-paint coal town deep in Appalachia, Kevin quickly falls in with a half-wild hollow kid named Buzzy Fink who schools him in the mysteries and magnificence of the woods. The events of this fateful summer will affect the entire town of Medgar, Kentucky. Medgar is beset by a massive Mountaintop Removal operation that is blowing up the hills and back filling the hollows. Kevin's grandfather and others in town attempt to rally the citizens against the 'company' and its powerful owner to stop the plunder of their mountain heritage. When Buzzy witnesses the brutal murder of the opposition leader, a sequence is set in play which tests Buzzy and Kevin to their absolute limits in an epic struggle for survival in the Kentucky mountains. Redemptive and emotionally resonant, ***The Secret Wisdom of the Earth*** by Christopher Scotton is narrated by an adult Kevin looking back on the summer when he sloughed the coverings of a boy and took his first faltering steps as a man among a rich cast of characters and an ambitious effort to reclaim a once great community. *The Secret Wisdom of the Earth* (\$26 from *Grand Central Publishing*) is available at *Lake Forest Book Store*, 847-234-4420.

The Art of Hydrology

Water is rediscovered—one faucet at a time.

WORDS BY **BILL McLEAN**

PHOTOGRAPHY BY **JIM PRISCHING**

A team of doctors from Brazil—a husband-wife team, actually—flew to Chicago for a medical conference in 2007. Shortly after arriving, while driving near the Merchandise Mart, they noticed Hydrology, the destination for high fashion, state-of-the-art bath and kitchen furnishings.

Their jaws came close to hitting the car's floor mats.

They had to stop.

They then entered Hydrology's extraordinary 6,000 square-foot showroom.

"They never made it to the convention," recalls David Kotowsky, who co-owns Hydrology with his older brother, Michael. "They got caught up with all our unique and fashionable designs, as well as the Hydrology experience—they were building their dream home in Brazil."

Hydrology's passion and beautiful products along with a showroom experience like nowhere else, does not just attract homeowners (or visiting doctors from Brazil). Hydrology's collections are coveted by private clients, architects and designers, and commercial developers. The company's deeply knowledgeable, well-trained team of 25 has sold and managed projects throughout the country and around the world, including many luxury hotels and elite private residences.

"We have a passion for fine design, and our collection is pure, original, and authentic. But it takes more than having passion and a good eye to succeed in this very technical industry. Our superior customer service and technical support teams are uniquely able to support our clients' projects every step of the way, from concept through completion and well beyond."

The Kotowsky brothers started in the plumbing supply business establishing The Advantage Plumbing Group in 1992. What triggered the siblings to establish Hydrology was a need—a glaring need.

"Nobody was doing it right," David says. "Everybody was offering a hodgepodge of products. Quality and design were being compromised," he added. "Our clients don't settle for ordinary or average. They are making a long-term investment. Quality matters. Design matters. Our clients want pure, original, and authentic designs and service that will last a lifetime. We stand behind our products with our exclusive Lifetime Advantage™ warranty."

Hydrology travels all over the world discovering the latest designs and finest manufactures. The company has collaborated with the German manufacturer Dornbracht to build an otherworldly shower experience, and it partnered with the Italian firm Fantini on the very successful Milano H shower collection. In 2014, Hydrology rolled out



David Kotowsky

a new industrial-look faucet collection developed with a well-known Chicago designer.

Hydrology also creates its own exclusive line of products. "Due to the recent economic downturn, most well known mass-market brands have significantly reduced their quality and design in order to offer low-priced products. These products do not meet our strict quality and design standards. This is why with our expertise and resources, we have created and designed the Hydrology Collection of bath, wellness and kitchen products." Last year, Hydrology launched puresteel™, a stainless steel line of striking kitchen sinks. It also sets itself apart in the industry with its Pool Collection, a state-of-the-art, hygienic, therapeutic bath line.

Hydrology's Contract M™—a collection of affordable luxury plumbing fixtures—earned raves from its hospitality market. The collection has been so well received that they made it available to their private clients as well.

David has found his profession to be a rewarding one, beginning with Hydrology's ability to offer exclusive, fashionable lines—or "cool products," as David succinctly describes—for oft-used spaces.

But nothing tops the look of an overjoyed client after the completion of a Hydrology project.

"Exceeding their expectations is as rewarding as it gets," David says. Clients come to us with their needs and desires. We have the resources and expertise to help them realize their vision."

"Along the way," he adds, "solutions usually have to be created; we do that."

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